

COURAGE IN PHI SIGMA KAPPA

FACILITATOR GUIDE

Notes to the Inductor:

- This topic is optional and can occur at any point during the associate member experience.
- Instead of conducting this meeting as written, consider having associate members attend an event on campus that covers topics such as hazing, alcohol and other drugs, bystander intervention, and sexual assault to cover this topic. Many fraternity and sorority life offices offer or require workshops like these for all new members on campus.
- Consider bringing in an outside facilitator to lead this meeting, as associate members may be more honest, get to hear from an expert, and take the content more seriously. They can lead the meeting as written, or cover the same topic using their own material.
- If following this meeting facilitator guide to cover the Courage topic, be sure and pre-select case studies following the facilitator guide and associate member worksheet that best apply to your chapter.
- If following this meeting facilitator guide as written, the “**Courage** in Phi Sigma Kappa” associate member worksheet is helpful, but not necessary.

Total Time: 60 - 90 minutes

Meeting Outcomes:

- Define courage.
- Solve a case study around bystander behavior.
- Identify a bystander intervention model.
- Participate in Brotherhood Circle.

Materials & Preparation:

- Case studies, pre-selected and printed from the ones provided in this *Guide* after the “**Courage** in Phi Sigma Kappa” associate member worksheet
- Associate members should bring a pen or writing utensil

Introduction: 5 - 10 minutes

- *Welcome everyone and ask if anyone has any questions regarding last week's meeting or their Phi Sig experience so far.*
- *Introduce the topic of the meeting, explaining this is going to focus on courage and how to be an active bystander in potentially harmful situations.*
- *Discuss:*
 - What is your definition of courage?
 - C.S. Lewis defines courage as “Courage is not simply one of the virtues, but the form of every virtue at the testing point.”
 - What do you think he’s referring to when he says, “testing point?”
 - We’re going to discuss some case studies that will identify testing points you may experience or may have already experienced in college.

Case Studies & Bystander Intervention Model: 40 - 55 minutes

- Before the case studies:
 - *There are several options of case studies provided in the Inductor's Guide of the Brotherhood in Phi Sigma Kappa program. Prior to the meeting, read through the case studies and select which ones you will have the associate members work through.*
 - *It is suggested that you select at least one case study within each category: alcohol, drugs, hazing, and sexual assault. Work with your Chapter Adviser, Executive Board, or Chapter Consultant if you are unsure which case studies are most appropriate for your chapter.*
 - *We suggest breaking associate members into pairs or smaller groups and having them each work on a different case study.*
 - *When printing the case studies for the associate members, be sure to not include the "facilitator tip" underneath each case study. This is to make sure you have covered all of the issues the case study alludes to.*
- Facilitating the case studies:
 - *Partner or group associate members together.*
 - **Facilitator tip:** *If you have a smaller associate member class, have them work on several case studies as one group, or have them work on a case study individually and report back to the rest of the brothers.*
 - *Share the following Intentional Emergence Model:*
 1. Notice the event.
 - What do you see?
 - What is the situation?
 - Who is involved?
 2. Understand the problem.
 - What indicates to you that it may be a problem?
 - Is somebody in danger or in trouble?
 - Did someone you know do something unethical?
 3. Assume personal responsibility.
 - What is telling you to intervene?
 - Why is it your responsibility to intervene? What ethical decision-making filters are causing you to want to intervene (laws, policies, campus rules, society expectations, Phi Sig expectations, your conscious)?
 - How does this relate to you being a good friend, brother, or human being?
 4. Know how to help.
 - Can you intervene yourself?
 - Do you need to call 911 or ask someone else for help?
 - Is there a campus resource you can direct someone to?
 5. Step Up!
 - What do you need to say or do to intervene?
 - How can you take immediate action?
 - When do you need to intervene? Is it an emergency?
 - *Pass out respective case studies.*
 - *Instruct them to read the scenario and discuss how they would intervene, taking notes on their worksheets.*

- *If time allows, have each group provide a synopsis of their scenario and share the solution(s) they discussed.*

Brotherhood Circle: 10 - 20 minutes

- *Discuss:*
 - After working through the case studies, can you think of a time you should have intervened, but didn't?
 - What prevented you from intervening?
 - How does being an active bystander align with the Creed and Cardinal Principles of Phi Sigma Kappa?
 - Who would we be harming, and how, if we chose not to act upon what we learned today?
 - In the future, how do you want your brothers to intervene if they see you doing something wrong?

Closing: 5 minutes

- *Ask if anyone has questions regarding today's meeting and thank them for their participation.*
- *Share information about the next associate member meeting, when and where it will take place, as well as the focus of the meeting.*
- *Share any additional Phi Sigma Kappa or university announcements.*
- *Ask if anyone has additional questions and dismiss everyone.*